

PARENTS' PAGES



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BHR's 2019 Adams Scholars Are Honored

By Judy Bass

Fifty-eight recipients of the John and Abigail Adams Scholarship in the Class of 2019 at Blue Hills Regional Technical School in Canton were honored recently at a ceremony at the school attended by staff, family members, District School Committee members and legislators from Blue Hills' nine-town district comprised of Avon, Braintree, Canton, Dedham, Holbrook, Milton, Norwood, Randolph and Westwood.

The distinguished guests included Senator Walter F. Timilty, who delivered the keynote address, Rep. William C. Galvin and Rep. William Driscoll. Mr. William Buckley, Jr., senior legislative aide to State Rep. John H. Rogers, attended on Rep. Rogers' behalf. District School Committee member Aidan G. Maguire, Jr. of Canton, a Blue Hills graduate from the Class of 1979, welcomed the guests, and Vice Chair Thomas R. Polito, Jr. of Dedham attended. The closing remarks were delivered by Rep. Galvin.

According to the web site of the Massachusetts Department of Elementary and Secondary Education, "The John and Abigail Adams Scholarship provides a tuition waiver for up to eight semesters of undergraduate education at a Massachusetts state college or university. The scholarship covers tuition only; fees and room and board are not included. The scholarship must be used within six years of a student's high school graduation."

District School Committee member Mr. Maguire told the students, "You did it, let's be proud," commending them for their exemplary hard work and dedication.

In her remarks to the audience, Principal Jill Rossetti said, "The Adams Scholarship makes a college education possible for many students. It can open the door to the next exciting chapter of their lives and help them to become the professionals they always dreamed of being. On behalf of the entire Blue Hills administration, I congratulate these exceptional young men and women and wish them the very best always." Principal Rossetti also acknowledged the crucial role played in the students' success by their supportive families and dedicated teachers.

Praising Blue Hills warmly for its tradition of academic excellence and lofty educational standards, Senator Timilty said the occasion was "a celebration of the best of the best." He noted that Blue Hills is a school where "academic achievement and students' success" is a number one priority. In closing, Senator Timilty told the students this: "Believe in yourself and the rest will fall into place."

The ceremony was organized by the school's Guidance Department: Lead Guidance Counselor Emily Burns, who was the emcee, and Guidance Counselors Sarah Titus, John-Henry Davis, Laura O'Reilly and secretary Peggy Hall.



In photo, L to R: At the Adams Scholars ceremony on Dec. 6, 2018 are Blue Hills Regional District School Committee member Aidan G. Maguire, Jr. '79 of Canton, Senator Walter F. Timilty, the Blue Hills' Adams Scholars from Canton—Colin Maguire, William Nee, Abigail DeRossette, Chelsea Gakaya, Angel Torres—and Rep. William C. Galvin. Photo by Judy Bass

Student-Athlete is Named All-Scholastic in Soccer by Patriot Ledger

AIDEN SPRAGUE

This 6-2 senior forward from Holbrook was the MVP of the Mayflower Athletic Conference Large Vocational Division. ... Had 21 goals and 8 assists for 29 points. ... Scored in 15 different games in helping the Warriors (10-6-3) qualify for the Div. 3 South playoffs. ... Owns the program record for career goals (80) and points. ... Scored 4 goals in the span of a few minutes during a state vocational playoff game in which he finished with 5 goals. ... Volunteers at his church. ... Plays club soccer and competes in track. ... Wants to study engineering.

PARENTS' PAGES

BHR District School Committee Members:

Francis J. Fistori.....Avon
Eric C. Erskine, Secretary.....Braintree
Aidan G. Maguire, Jr......Canton
Thomas R. Polito, Jr. Vice ChairDedham
Michael C. Franzosa..... Holbrook
Matthew P. O'Malley.....Milton
Kevin L. Connolly.....Norwood
Marybeth Nearen, Chair.....Randolph
Charles W. Flahive.....Westwood

James P. Quaglia

Superintendent-Director

Steven M. Moore

Asst. Supt. for Business and Personnel

Jill M. Rossetti

Principal

Judy Bass

Editor

Criminal Justice Visits Nashua St. Jail



On Friday February 1, the 10th graders in the Criminal Justice Program visited the Suffolk County Nashua Street jail. The students toured the maximum security facility to see the everyday inner workings and learn about potential job opportunities. Students got a first-hand look at how inmates are processed and classified into the system, as well seeing several different units. They also had a Q&A with an inmate who shared personal stories about his life, and how making bad decisions led him to this facility. Special thanks to Lt. Ayuso and Deputy Stephen Fiste (pictured) from the Community Affairs Department for the tour, sharing his experiences, and the job opportunities that the Suffolk County Sheriff Department has to offer. —*Brendan Welch*

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In photo from left to right: Brendan Donovan, Madison Viau, Andrew Arruda, Savannah McAuliffe, Felicha Morquette, Tiffani Ewell, Audrey Baker, Ahman Zayas, Breanna Ward, Mackenzie Harris, Torri Carter.

## Multicultural Club Tries Nigerian Food



*The Multicultural Club samples Nigerian food provided by Ms. Wariboko.*

*Left to right—student Amabel Cadeau, Ms. Wariboko and student Angela Okoye.*

*Photo courtesy Jane O'Malley*

|                 |       |                                                       |
|-----------------|-------|-------------------------------------------------------|
| <b>FEBRUARY</b> | 18    | Presidents Day                                        |
|                 | 18-22 | Vacation Week                                         |
| <b>MARCH</b>    | 6     | Post-Secondary Planning Night 5:30-7:30 pm            |
|                 | 7     | Progress Reports                                      |
|                 | 21    | Acceptance Reception 6-7 pm                           |
|                 | 22    | Professional Development Day—No School                |
|                 | 26    | ELA Sess 1 11:55 am Senior Arrival                    |
|                 | 27    | ELA Sess 2 11:55 am Senior Arrival                    |
| <b>APRIL</b>    | 3     | In-service 10:40 am arrival                           |
|                 | 4     | Advisory Board                                        |
|                 | 5     | Term 3 ends                                           |
|                 | 12    | Report Cards                                          |
|                 | 15    | Patriots Day—No School                                |
|                 | 15-19 | Vacation Week                                         |
|                 | 27    | Discover Days Camp                                    |
| <b>MAY</b>      | 8     | In-service 10:40 a.m. arrival                         |
|                 | 14    | Senior projects 11:15am Late Arrival Gr. 9, 10 and 11 |
|                 | 15    | Senior Awards 6:30pm                                  |
|                 | 21    | MCAS Math Sess 1 11:55am Senior Arrival               |
|                 | 22    | MCAS Math Sess 2 11:55am Senior Arrival               |
|                 | 27    | Memorial Day—No School                                |
|                 | 31    | Prom, Srs. Last Day                                   |

May 31 11:00am dismissal for In-Service



## BHR GETS CITATION FOR STEM WEEK PARTICIPATION



### **Students who took part in STEM Week in October 2018. Photo by Judy Bass**

By Judy Bass

Blue Hills Regional Technical School in Canton has received a citation commemorating the school's participation in the first statewide STEM (Science, Technology, Engineering and Math) Week from October 22-26, 2018.

Blue Hills was among dozens of honorees recognized at an event titled "Partnerships Advancing STEM Education / Celebrating STEM Week," on December 5, 2018 at the Rondileau Campus Center at Bridgewater State University.

The STEM Week citations were given out by Massachusetts Lt. Gov. Karyn Polito. Accepting it on behalf of Blue Hills was Vocational Director Michelle Sylvia.

"I'm honored to work with such talented, dedicated educators who inspire students to think, create, learn new things while we watch them discover and explore," said Blue Hills Principal Jill Rossetti. "It was a truly amazing 'lunch and learn' experience. Students were doing math during lunch and having a blast! Ms. Sylvia did a fantastic job recruiting teachers and students to participate in our first STEM Week."

"It was awesome to see so many students participate, both by developing the projects and then other students who took part in the activities," said Ms. Sylvia. "I enjoyed seeing students do math at lunch simply because they thought it was fun."

According to information distributed in the event program, "Over 50 organizations in 20 communities in SE MA hosted more than 60 STEM Week events in schools, businesses, libraries, museums, Ys, and institutions of higher education for PreK-16 students, families, and community members."

STEM Week was initiated by Governor Charlie Baker, Lt. Gov. Polito, and the STEM Advisory Council, which is co-chaired by Lt. Gov. Polito, US Rep. Joseph Kennedy III, and Jeffrey Leiden, Chairman, President and CEO of Vertex Pharmaceuticals.



## BHR GETS CITATION FOR STEM WEEK PARTICIPATION

The student projects that were done during STEM Week at Blue Hills and at schools across the Commonwealth highlighted the tremendous importance and value of the four STEM areas for all grade levels in education and in the dynamic professions of the 21st century. According to [www.massstemweek.org](http://www.massstemweek.org), the weeklong event particularly targeted "middle and high school students, who are on the verge of thinking about college and careers."

At Blue Hills, the CTE (Career and Technical Education) programs that participated were Engineering, Construction, Drafting/CAD, Early Education and Care, and Electrical.

During STEM Week, interactive student projects were displayed on the stage in the cafeteria at Blue Hills for Lunch & Learn, including a programmable robot named Oggy (Engineering); a tabletop electric roller coaster and maze (Electrical); a tabletop home model from Computer-Aided Design / Drafting in collaboration with Construction Technology for which students could try to calculate various components like its first-floor square footage; and races featuring gutter boats (Early Education and Care), which are miniature hand-made vessels that can bob and float down a long, narrow, gutter-like container filled with water propelled by the force of someone puffing as hard as they can.



The participants and the onlookers had a great deal of fun and found the experience educational and indicative of the wealth of career and learning opportunities available in STEM.

The Blue Hills students involved were as follows: **Drafting / CAD:** Anthony Capobianco, Dedham; Yanni Centeio, Randolph; Liam Connor, Canton; Connor Dockham, Dedham; Joseph Fagan, Norwood; Madison Farmer, Randolph; Stephen Felumero, Holbrook; Anne Fleury Fils, Randolph; Bryson Freeman, Randolph; Dalenchky Joseph, Avon; Adrian Maynard, Randolph; Peyton J. Murphy, Canton; Peyton L. Murphy, Avon; Isabelle Noailles, Randolph; Rebecca Raphino, Randolph.

**Construction:** Michael Anderson, Avon; Aidan Barrett, Holbrook; Austin Chisholm, Holbrook; Meghan Corrigan, Milton; Jake Geaney, Canton; Kylie Hung, Randolph; Kevin Krueger, Dedham; Jonathan McGettrick, Milton; Brandon McNichols, Dedham; Collin Moriarty, Canton; David Nihtila, Holbrook; Gabriel Rosa, Randolph; Eugene Sutton, Canton; Robert Taylor, Holbrook.

**Electrical:** Timothy Walsh, Canton; Matthew Bonner, Norwood; Aidan McFadden, Holbrook.

**Early Education and Care:** Qalah Hendricks, Randolph; Emily Faherty, Holbrook; Brianna Lynch, Dedham; Kaitlyn Cahill, Braintree; Kaylie Silva, Canton.

**Engineering:** Aidan Flaherty, Braintree; Joseph Grieco, Abington; Devlin Young, Randolph; Mya Leitao, Dedham; Stanley Simon, Randolph.

**Pictured above from the Electrical program from left to right are Aidan McFadden, Matthew Bonner, instructor Rich Mascarenhas and Tim Walsh. Photo by Judy Bass**

## Check Out BHR Culinary on Social Media



**Instagram: Blue Hills Culinary (@bhrculinary)**

**Facebook: Blue Hills Culinary—Chateau de Bleu Restaurant**





## Criminal Justice Field Trip to Youth Leadership Academy

The 12th graders in Criminal Justice recently visited the Norfolk County Sheriff's "Youth Leadership Academy" high ropes course in Braintree. Students participated in team building and problem-solving activities. The students really get a chance to step outside their comfort zone with support from their peers to solve problems. Special thanks to Norfolk Sheriff's Department's Jim Ross (Community Outreach Officer) for setting this up each year, and Matt Lowe and Tony McGaughey for being great instructors for our classes. —Brendan Welch (Photos by Mr. Welch)





## BHR Grad Chef Jodie Rubin Knows Sweet Taste of Success

By Judy Bass

When Jodie Rubin rhapsodizes about cooking, which is one of her main professional passions, her tone is sometimes breezy, at other times intense. What is consistent is that her words tumble out fast because she's eager to explain what drives her - and why.

"It's not just a job," Rubin said. "It makes me happy. I love being in the kitchen."

Now ensconced on the West Coast in prime California wine country ("One of the most beautiful places in the world to eat food," she declares), Rubin, 45, has established herself in two areas - culinary and marketing - both of which she got the educational foundation for at Blue Hills Regional Technical School in Canton, where she graduated in 1991.

It was just the start of a peripatetic, decades-long career that has taken Rubin thousands of miles from home in Randolph to far-flung locales across America and beyond, to Spain, (where she was private chef for a family), France, Italy and the United Kingdom.

She has worked with some of the best pros in the business, like superstar chefs Graham Elliot, Stephanie Izard, and Mathew Peters (Thomas Keller and Peters led the gold-medal winning U.S. team that took the top prize at the 2017 Bocuse d'Or, a prestigious international cooking competition that the New York Times referred to as "the equivalent of the Olympics for professional cooks.") Rubin will be cooking with many other renowned chefs at the 9<sup>th</sup> Napa Truffle Festival in California this month.

Rubin's path to prominence wasn't exactly a cinch. Looking back, she says, "I've worked so hard to get to where I am." The comment isn't really a weary lament as much as an observation on the tough reality of forging a place in the high-stakes, fiercely competitive world of culinary experts that she inhabits.

Referring to herself as "a hands-on student," she says she chose Blue Hills because she knew she would get rigorous practical training along with classroom instruction, plus academics. The school proved to be a very good fit for her. Rubin started off at Blue Hills studying Culinary, then she switched to Advertising Art (known today as Design and Visual Communications). "I just wanted a change," she explained.

Whether it was her restless nature or the example set by her dad, who was a photographer at Harvard Medical School ("I grew up with a darkroom in my house," Rubin said), Ad Art gave her the impetus, after she graduated from Blue Hills, to enroll at the Butera School of Art in Boston. The two-year program there was, in Rubin's words, "fun and affordable." She then gravitated back to her other loves, food and mixology, and signed on as a student at the Brockton Professional School of Bartending. The day Rubin graduated, she recalls, she landed a solid job where she was able to bartend as well as cook, which proved to be "a great way to use the skills I learned."

Her next gig after that was at Robert Reiser and Co., an international firm headquartered in Canton that specializes in what they term "processing and packaging solutions," which means making equipment for the behind-the-scenes operations of restaurants and other food-related businesses. Their wares include dicers, slicers, mixers, blenders, injectors, packaging machines and the like.

Although Rubin was only at Reiser for two years, from 2001 to 2003, she made the most of it. As a member of the company's marketing department, she traveled throughout the United States bolstering Reiser's domestic and international



**Jodie Rubin**



## 1991 BHR Grad Knows Sweet Taste of Success (CON'T)

sales and attending events such as the National Poultry Show, the International Seafood Show and other top-tier industry showcases to promote Reiser's line of products.

The experience opened her eyes to the profusion of careers and opportunities - some of them not always obvious - that are available to someone such as her with talent and knowledge in cooking, photography and graphics. Food processing, research and development, food writing, food styling - the list of potential occupations is nearly endless, she discovered. That lesson was one that Rubin would internalize and eventually use to the max.

After leaving Reiser in 2003, Rubin headed to Southern California. She spent two years working at a restaurant called Chances, as executive chef and front of house manager. She then went on to be head chef at Cowgirl Creamery Cantina, another California establishment which Rubin referred to as "one of the most famous cheese companies in the world."

But following that, it was her five-year stint at the Casino Bar and Grill in Bodega that seems to have been one of the most - if not *the* most - formative associations Rubin has had to date. "It was a major part of my career," she said emphatically.



There, she rented the kitchen and got to cook her own style of comfort food five to seven days a week. Rubin was the star of the Casino's open kitchen. She did it all - shopped for farm-fresh ingredients, created the menus, did the prep work, even hired the wait staff. No task was too insignificant to escape her attention - and she savored every minute.

A luminary in the culinary constellation influenced Rubin - the late M.F.K. Fisher, the celebrated food writer and author of 27 books. Rubin was among the featured chefs who prepared food for an event titled "First Meal Last House," a fundraiser held in 2017 at Fisher's home - Last House in Glen Ellen, California - to restore it and make it a destination for food lovers as well as those who revere Fisher's writing.

Recently, Rubin works with some of the leading wineries in Northern California, doing consulting, catering, private dining, and running cooking classes.

Rubin mentioned that she craves being constantly busy. "I get fidgety," she readily acknowledges. With the hectic schedule she has, there is little room for leisurely downtime. In addition to juggling her professional responsibilities, Rubin volunteers,

mentoring teenagers and making meals for people with serious illnesses, pitching in at a volunteer food bank, and maintaining a Facebook page she created for her coastal community, which she said over 185,000 people read monthly.

On top of all that, Rubin has appeared on two shows on The Food Network - "Guy's Grocery Games" twice and "Diners, Drive-Ins and Dives."

What's next for Rubin? That is still to be decided. One option she has in mind is producing packaged foods like soups and sauces. Whatever road she picks in the future, it will surely be in sync with her self-proclaimed "independent, do-your-own-thing" personality.

Despite all her triumphs, Rubin has stayed humble. She realizes that her professional life is "a never-ending cycle of learning," beginning back at Blue Hills Regional. Saying her education there has proven "invaluable," Rubin added, "I don't know what I would be doing without it."

**Photo above shows Jodie Rubin with famed chef and restaurateur Alice Waters, a proponent of California cuisine.**

## Computer Tech in Air Force Assn. CyberPatriot Competition



On Friday, January 11, 2019, Computer Information Systems (Computer Tech) had three teams of students compete in the State Round of the Air Force Association's CyberPatriot Competition (right here in our CIS classroom at BHR) alongside thousands of other high schoolers across the nation. This is CIS' first time entering a competition of this magnitude. The students competed for a rigorous six hours. We are truly proud of them for taking on such a challenging competition and having fun stopping a fictitious computer hacker from hacking into the system. All three teams placed in the Silver ranking at the State level. One team made it to the semi-finals!!

### **Team BHRCyber1: Ranked 1st place Silver (State)**

(Tyreese Jacobs, Patrick Morrill, Camden Gillis, Robert Nguyen, Robert Chicco)

### **Team BHRCyber2: Ranked 2nd Place Silver (State)**

(Cameron Millar, Jovan Dunbar, Eric Johnson, Robert Conley, Zachary Mar, Ethan Stewart)

### **Team BHRCyber2: Ranked 3rd Place Silver (State)**

(Rose Dacey, Jahlecia Venus-Mclean, Taylor Jones)

*Image and text from Ms. Resheeda Bowman*



## "A Taste of Blue Hills" cable access TV show debuts



*Logo by Joanne Wayland*



The Culinary Arts and Design and Visual Communications programs at Blue Hills are proud to bring you "A Taste of Blue Hills," a new cooking show that we hope will get viewers as excited about cooking as we are. This show displays the exceptional skills of our Culinary students, who will be demonstrating how to prepare all kinds of delicious food, and our DVC students, who will be filming the program. It will be broadcast on the cable access TV stations of our district towns—Avon, Braintree, Canton, Dedham, Holbrook, Milton, Norwood, Randolph and Westwood. We gratefully thank Culinary Arts instructors Linda Varraso and Anthony Giuffre, and DVC instructors Joann Murphy and Joanne Wayland for the time, effort and creativity they put into this project. We also appreciate the support of Blue Hills Supt. James Quaglia, Principal Jill Rossetti and Vocational Director Michelle Sylvia. This show is truly a collaborative endeavor. We sincerely acknowledge the work of our students, whose dedication, talent and know-how are remarkable.

*For Episode One, the Culinary students made Buffalo Chicken Dip, Steak and Cheese Egg Rolls with Avocado Ranch Sauce, and Oreo Truffles.*

**Culinary students** Tommy Lynch, Arianna Damigella, Marina Retzos, Rebecca Blasi, Lisa Petrie

**DVC students** Seth Westgate and Ruth Menzinger

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Photo above: Marina Retzos, Tommy Lynch

Photo at left: Arianna Damigella, Rebecca Blasi, Marina Retzos, Tommy Lynch, Lisa Petrie

Thank you Hingham Harbor Media for the use of your studio!



Students visit Dedham District Court for mock trial

On Friday, January 18, the 10th grade Criminal Justice students, along with the 10th grade DVC students, traveled to Dedham District Court to participate in a mock trial. The Criminal Justice students worked for the past month preparing for it. Each student had a role as an attorney, witness or judge. The 10th grade DVC students were our jurors, courtroom sketch artists and videographers. The DVC student jurors did a great job listening to all the evidence and making a fair assessment regarding guilt or innocence. The other members of the DVC group were very professional in videotaping the trial for us. A special thanks to the Dedham District Court staff for allowing us the use of a courtroom. Being in the courthouse really enhanced the experience. The Criminal Justice students put in a ton of hard work to write their questions, openings, closing and memorizing their parts. The hard work payed off with a rewarding experience in court for all those who participated. —*Mary-Elizabeth Mack*

~~Photos by Ms. Joanne Wayland~~

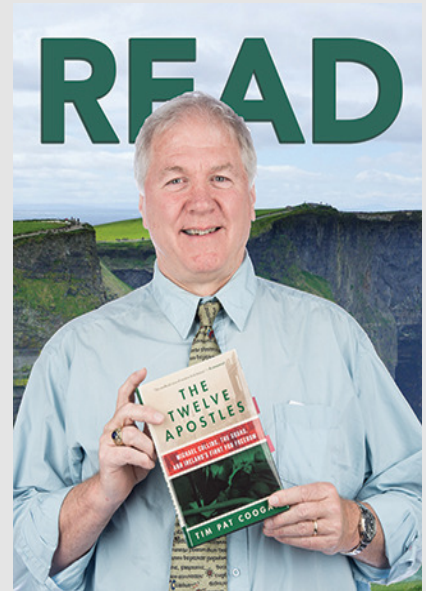
Thank you, students, Ms. Wayland and Ms. Mack!

DVC students were Jaylin Brown, Kyle Coen, Gwen Conlon, Connor Durant, Isabella Espinosa, Sabrina Femino, Riley Magnell, Michelydie Manuel, Ruth Menzinger, Antoinette St. Laurent, Gabriel Torres and Seth Westgate.

Criminal Justice students were Andrew Arruda, Audrey Baker, Sabrina Burns, Tom Carter, Brendan Donovan, Tiffani Ewell, Mackenzie Harris, Emma Jackman, Victoria Mazzeo, Savannah McAuliffe, Felicha Morquette, Maddison Viau, Breanna Ward and Ahmana Zayas.



Great "READ" posters featuring BHR staff



Top row: Principal Rossetti, Mr. Groh, Mr. Cavanaugh

Bottom row: Ms. McNeill, Mr. Palmer, Ms. Grant

Mrs. Caroline Dynan, Library Teacher and Mrs. Joann Murphy, DVC teacher, collaborated on a project to promote reading throughout the BHR community. Mrs. Dynan recruited members of the faculty and staff to have their picture taken with a favorite book. Photography sessions took place in the studio in DVC. Mr. Al Conant, who serves on DVC's Advisory Board, generously volunteered his time and skills to help with this project. Mr. Conant, an expert photographer and videographer, is the Video Production Technical Director at Channel 5 News. Mrs. Murphy taught her 11th and 12th grade students new Photoshop skills to create the images. Mrs. Dynan has added some of the images to the library's website, and there are more coming! When the renovation project is complete, the images will be printed as posters and displayed in the library. In addition, each of the featured books will be on display and available for check out.

Above are a few examples.

Winter sports highlights from BHR

We appreciate the hard work and dedication of all our coaches and students athletes, as well as our cheerleaders, their coach, the Boosters, and our families.

Sports is truly a collaborative effort at Blue Hills, and it shows.



The boys and girls basketball teams have made the MIAA state tournament
Bobby O'Connell qualified for the state tournament in Diving

February Students of the Month



Mya Leitaio
Class of 2021
Engineering



Ryan Albergo
Class of 2020
Construction Tech